

CONTINUING EDUCATION GUIDELINES

Introduction

The Alabama Board of Athletic Trainers requires that a Licensed Athletic Trainer obtain and document 26 contact hours each year to renew his/her State license. Contact hours must be earned before the end of each year, December 31. Contact hours cannot be carried over into the next calendar year for renewing an Alabama license.

The purpose of Continuing Education requirements for Licensed Athletic Trainers is as follows:

- Obtain current professional development information;
- Explore new knowledge in specific content areas;
- Master new athletic-training- related skills and techniques;
- Expand approaches to effective athletic training;
- Further develop professional judgment;
- Conduct professional practice in an ethical and appropriate manner.

Continuing Education Guidelines

Contact hours are the number of actual clock hours spent in direct participation in a structured education format, as a learner. A contact hour is one hour of actual participation in a continuing education activity, exclusive of registration, breaks, lunches, exhibits, or business meetings. In a college or university program, one (1) college credit hour is equivalent to ten (10) contact hours. Contact hours completed prior to initial licensure will not be accepted toward renewal of license. Contact hours must be completed in a calendar year to be accepted as the contact hours needed for license renewal.

Qualifying Categories for Continuing Education

Continuing education must be directed toward the professional field of Athletic Training. The focus should increase the knowledge and skills of the Athletic Trainer. Activities taken exclusively for self-help are not eligible, i.e. gardening, cooking, photography. To qualify for credit, part of the activity must focus on content related to role delineation of the domains of athletic training.

Except as set forth below (Category E), contact hours will only be accepted for credit if they are approved by the Alabama Board of Athletic Trainers or NATABOC. If you are considering taking a course that is not NATABOC approved, ask the Provider to contact the Alabama Board of Athletic Trainers for course approval.

Category A

NATA Annual Symposium
NATA District Conferences
Athletic Training Conferences
ALATA Athletic Training Conferences
*Other recognized Association Conferences:
NSCA-APAT-Alabama EMS-SPTS
NATABOC-approved courses
ABAT-approved courses
NATABOC-approved workshops
ABAT-approved workshops

Documentation = Proof of Participation

Category limited to 25 Contact Hours

Category B

Leadership

Clinical Symposium Speaker – 10 Contact Hours
Clinical Symposium Panelist – 5 Contact Hours
USOC Participant Development Program – 20 Contact Hours
NATA Certification Examiner/Model – 5 Contact Hours

Documentation = Proof of Participation

Publication Activities

Article Author in Reference Journal – 15 Contact Hours
Contributing Article Author in Reference Journal – 5 Contact Hours

Documentation = Copy of Cover or Index

NATA Journal Quiz – 5 Contact Hours

Documentation = Verification of Completion

Other

ABAT/NATABOC home study course

Documentation = Proof of Participation

Video tape viewing/purchase – 1 Contact Hour per Tape

Documentation = Statement of Video Tapes Viewed/Purchased

Category limited to 25 Contact Hours

Category C

Post certification education – In a college or university program, one college credit is equivalent to 10 contact hours. Courses must be within the domains of Athletic Training. Courses do not have to be at the graduate level for the Board to accept them.

Documentation = Copy of a Transcript or Grade Report

Category limited to 25 Contact Hours

Category D

Certifications

Emergency Medical Response Certification (EMRC)

Mandated Annually – 7 Contact Hours (a 2-year card is valid only in the year it is issued.) (Instructor cards will be accepted if submitted with proof of having taught 1 course, including all required components, within the calendar year.)

EMRC must include the following components:

- Adult/Pediatric CPR with AED
- Airway Obstruction
- 2nd Rescuer CPR
- Barrier devices (i.e. pocket mask, bag valve mask)

Acceptable EMRC courses include those listed below:
Professional Rescuer + AED by American Red Cross
Professional Rescuer + AED by National Safety Council
BLS Healthcare Provider CPR by American Heart Association

EMT Certification – 10 Contact Hours

First Aid – 7 Contact Hours

Acceptable First Aid Providers: American Red Cross, American Heart Association, National Safety Council, EMP America (Sports Medicine Medic First Aid)

Documentation = Copy (front and back) of Card or Certificate

Category limited to 10 Contact Hours

Category E

Individualized Options – You can claim Contact Hours for attendance at a program that is not given by an approved provider.

Courses/programs must be within the domains of Athletic Training, and you are responsible for documenting and demonstrating the acceptability of any given program.

Category limited to 6.5 Contact Hours

Providers

NATABOC-approved providers have completed a formal application process for suitability of content and format for continuing education activities. NATABOC-approved providers include regionally accredited academic institutions with Athletic Training education programs and public agencies, private organizations, athletic-training-related associations, medical institutions, and academic institutions offering relevant course work. NATABOC-approved providers ensure that ATCs have access to appropriate, high-quality continuing education.

Continuing Education Documentation

It is the responsibility of the Athletic Trainer to obtain documentation for verification of participation for all continuing education activities if they are to be used for license renewal.

All original CE documentation used for license renewal or NATABOC certification should be kept by the Athletic Trainer in a personal continuing education file for reference and audits. Copies of documentation must be submitted annually with Continuing Education Reporting Sheet.

Documentation must indicate the name of a provider, the name of attendee, name and date of course, number of contact hours, signature and title of provider representative who can verify participation in the activity, list four-digit provider number from NATABOC-approved provider. Exceptions would be transcripts, grade reports, and EMRC cards. When certificates are not awarded, a letter or report containing the required information should be obtained from the sponsor.

Continuing Education Reporting Sheet

The Continuing Education Reporting Sheet is for a one-year period ending December 31 of each year. The reporting sheet must be submitted with copied documentation of contact hours earned. Current year EMRC card (copied front and back), if certified, should be stapled to a sheet of paper and submitted with the CE Reporting Sheet.

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All Alabama-licensed Athletic Trainers will be required to submit verification of 26 contact hours in order to renew their license. **Annual EMRC certification is now mandatory for all Alabama-licensed athletic trainers.**

If you are unsure of whether a course offering is approved, call the Board Office for verification.